



THE
**KING'S
HOSPITAL**
A SCHOOL AND A WAY OF LIFE

Saturday Morning Programme

6 week term- 10 September to 22 October (exc. 8 Oct)

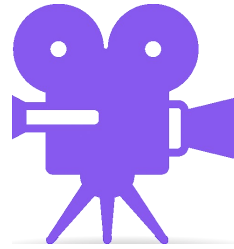
Day Pupils €60 per term

Day Pupils can now enjoy a vibrant and well-organised weekend programme, which includes Saturday morning fitness and knowledge-based classes, including some taught by lecturers from the gifted programme at Dublin City University.



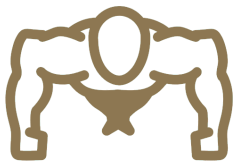
JUDO

This is a 12 week course run by Valery Vaniukevich, a Judo coach for over 20 years. In this Judo module students will learn self-respect, respect for others, discipline, develop physically & build-self confidence. Students must commit for 12 weeks but can pay in 2 6-week instalments.



FILM STUDIES

Sarah Galavan a tutor at the DCU Talented Youth Gifted Program introduces students to the language of cinema. It explores a wide range of subjects including how film scripts work, the uses of cinematography, editing and special effects, the development of different genres of film, and more.



BOOTCAMP

Run by past pupil Athletics & Rugby champion, Rolus Olusa, students will be put to the test as the instructor looks to improve the overall strength and conditioning of the participants, through challenging workouts in a team-building environment.



COMPUTER ANIMATION

Allan-James Burns a tutor at the DCU Talented Youth Gifted Program will teach the techniques, theories & methods involved in computer-aided design and modelling for today's animation that we see on our screens with Disney, Pixar, etc.



ZUMBA FITNESS

Led by Aleksandra Szwedka, Zumba takes the 'work' out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party



APP DEVELOPMENT

Mark Deane provides a course designed for students who are new to programming, and want to learn how to build Android apps. You don't need any programming experience to take this course. We will walk you through the process of app development.

To register your child for the Saturday Morning Programme or if you have any questions; contact the Saturday Morning Programme Coordinator, Dean Maguire @ satpro@thekingshospital.ie



THE KING'S HOSPITAL
A SCHOOL AND A WAY OF LIFE

Saturday Morning Programme

6 week term- 10 September to 22 October (exc. 8 Oct)

7 weeks for Bootcamp & Zumba (incl. 8 Oct)

Day Pupils €60 per term

SATURDAY PROGRAMME TIMETABLE – 3RD SEPTEMBER TO 22ND OCTOBER 2016

10-Sep to 22-Oct						
9:45 - 10:45	APP DEVELOPMENT	BOOTCAMP	ZUMBA	COMPUTER ANIMATION		JUDO** 9.15-11.15am
10:45 - 10:55	BREAK					
10:55 - 11:55	APP DEVELOPMENT	BOOTCAMP	ZUMBA	COMPUTER ANIMATION		
12:00 - 13:00				FILM STUDIES		
13:00 - 13:30	LUNCH					

NOTES

On the 8th October 2016 the timetable will be different as many pupils from TY will be involved in our Stewart's Flag Day. Students taking App Development, Computer Animation & Film Studies will not have class that day. Bootcamp & Zumba will still run that day.

JUDO** - the Judo module will run for a period of 90 minutes without any break. Pupils will be allowed to bring water with them, but they cannot leave the venue for the course. This time is needed for the module to run successfully. Judo will therefore start at 9:45am and finish at 11:15am.

-----DETACH AND RETURN WITH PAYMENT TO RECEPTION-----

Pupil Name _____ Form _____

Parent Name _____ email/mobile _____

Class(es)/Time chosen—please tick box(es) JUDO 9:45-11:15
 BOOTCAMP 9:45-10:45 10:55-11:55
 ZUMBA FITNESS 9:45-10:45 10:55-11:55
 FILM STUDIES 12:00-13:00
 COMPUTER ANIMATION 9:45-10:45 10:55-11:55
 APP DEVELOPMENT 9:45-10:45 10:55-11:55

I enclose payment (€60 per class) per term of €_____.

Parent signature _____

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