

HSE Guidelines on Travel

International travel

The safest thing is to not travel abroad. Everyone in Ireland is being asked to holiday at home in 2020.

Coronavirus is still spreading around the world. Many countries are seeing the number of infections increase again. In Ireland, we have made progress on slowing down the spread of the virus. But the risk of bringing back the virus from other countries remains high.

We all have a responsibility to save lives and keep our country moving forward.

People who arrive in Ireland from overseas will need to [restrict their movements](#) for 14 days unless they are coming from a '[green list location](#)'.

This includes:

- Irish citizens coming home
- people with no symptoms
- people who have tested negative for the virus in another country

Restricting your movements means staying at home and avoiding contact with other people and social situations as much as possible.

Exceptions

The only people who do not need to restrict their movements are people who are:

- arriving in the State from Northern Ireland
- arriving in the State from a '[green list location](#)'
- aircraft crew, including pilots, in Ireland as part of their work duties
- holders of a Certificate for International Transport Workers, or drivers of a heavy goods vehicle, who are in Ireland for this work
- ship crew, including the maritime master, in the course of performing their duties

[Read about how to restrict your movements.](#)

Green list locations (normal precautions)

The pandemic is not over. The safest thing is to not travel abroad.

The Department of Foreign Affairs has given some locations a status of 'normal precautions'. This list of locations is sometimes called the 'green list'.

The government decides which locations are on the green list based on the spread of coronavirus in that location. The list will be reviewed every 2 weeks.

This is the current green list of locations:

- Finland
- Norway
- Italy
- Hungary
- Estonia
- Latvia
- Lithuania
- Slovak Republic (Slovakia)
- Greece
- Greenland

Arriving to Ireland from a green list location

Anyone arriving in Ireland from a green list location will not have to [restrict their movements](#).

Arriving to Ireland from a non-green list location

If you arrive in Ireland from a location that is not on the green list, you will have to [restrict your movements](#) for 14 days.

[Read more coronavirus travel advice on gov.ie](#)

Passenger Locator Form

By law, if you arrive in Ireland from overseas you will need to fill in a form called the Covid-19 Passenger Locator Form.

This form can be filled out before you travel. If you need help, let border personnel know when you arrive in Ireland.

Download the Covid-19 Passenger Locator Form:

[Covid-19 Passenger Locator Form \(PDF, 549 KB, 2 pages\)](#)

[Foirm Aimsithe Paisinéirí Covid-19 - Gaeilge \(PDF, 550 KB, 2 pages\)](#)

You may be contacted during the 14 days after you arrive in Ireland. This is to check that you are at the address you gave on the Covid-19 Passenger Locator Form.

Why you need to complete this form

Public service authorities may use your details to contact you. This is to verify your location in the country.

The form will also help [contact tracers](#) get in touch with you if there is a confirmed case of coronavirus on your flight or ferry.

You only need to fill out part of the form if:

- you are travelling onwards to Northern Ireland
- you are not staying overnight in the State

[Read more about the passenger locator form at gov.ie.](#)